

## YHC FITNESS STUDIO

196, HUDA PLOT, SECTOR 56, GURGAON

hereby certifies

## JYOTI KAMAAL

## POWER YOGA, MEDITATION & PRANAYAMA

having completed all requirements of 200 hours training and having demonstrated proficiency in the following:
Anatomy, Pranayama, Meditation & Hatha Yoga Asanas,
Communication Skills

15th October,2016



YHC FITNESS STUDIO DIRECTOR: Avani Baweja



Swami Vidyanand Founder | President Yoga Alliance International





K.M.Chandrashekaran Organizing Director Yoga Alliance International

K.M. Chandrashekaran